

Idiot's Kitchen Shopping List – Crockpot Beef Stew

Recipe from idiotskitchen.com



3 pounds chuck roast (pot roast) trimmed and cubed or pre-cut stew meat

1 large onion
2-3 ribs celery
3-4 carrots
3 cups potatoes

1 cup frozen corn
1 cup frozen peas

1 (14 oz.) can diced tomatoes
1 cup red wine
4 cups beef broth/stock

3-4 sprigs fresh thyme (or 1 tsp dried)
1 teaspoon dried oregano
2 bay leaves
salt & pepper

Note: Exact measurements are not essential to this recipe. If you have a little more or less of an ingredient, don't worry. If you have other veggies in the freezer or fridge, feel free to toss them in.