

Idiot's Kitchen Shopping List – Braised Pork Chops with Carrots

Recipe from idiotskitchen.com



2 boneless, butterfly center cut pork chops

½ cup onion (about ½ small onion)

½ cup carrot (about 2-3 thin carrots)

3-4 sprigs fresh thyme

1-2 Tablespoons olive oil

1 Tablespoon flour (Gluten Free flour is fine)

½ cup chicken broth

Salt & Pepper

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