

# *Idiot's Kitchen Shopping List – Super Green Minestrone*

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com)



Note: the beauty of this recipe is that you can use any vegetables that you like or have on hand.

2 Tablespoons Olive Oil

1 large onion  
2 leeks  
2 ribs celery  
1 yellow bell pepper  
4 cloves garlic  
6-8 small potatoes  
2 zucchini  
1 (9 oz) bag of spinach (or kale, or swiss chard)  
1 cup frozen peas

8 cups chicken broth (store bought or homemade)

2 (15.5 oz) cans white beans – such as cannellini and/or great northern beans

$\frac{3}{4}$  cup small sized macaroni  
Rind from Parmesan or Romano cheese

$\frac{1}{2}$  teaspoon dried thyme  
 $\frac{1}{2}$  teaspoon dried oregano  
 $\frac{1}{2}$  teaspoon dried tarragon  
Pinch red pepper flakes  
Salt & Pepper

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