

# Idiot's Kitchen Shopping List – Dad's Beef & Bean Chili

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com)



2 pounds lean ground beef

2 Tablespoons olive oil (omit if you have grease left from browning the beef)

1 large onion

1 green bell pepper

2 ribs celery

2 cans (15 oz) chili beans in mild chili sauce

2 cans (15 oz) chili beans in spicy chili sauce

2 cans (14 oz) diced tomatoes

3-4 Tablespoons chili powder

½-1 teaspoon red pepper flakes (or to taste)

Salt & Pepper

Optional Toppings: grated cheddar cheese, queso dip, sour cream, diced jalapenos, etc. (not pictured)

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