

Idiot's Kitchen Shopping List – Maple Braised Pork Chops

Recipe from www.idiotskitchen.com – Adapted from Williams-Sonoma *One Pot of the Day* Cookbook



2 bone-in, center cut pork chops each at least 1- 1 ½ inches thick

1 small onion

1-2 cloves garlic

¼ cup flour

2-3 Tablespoons olive oil

½ cup chicken broth, preferably low sodium

½ cup pure maple syrup

2 teaspoons chili powder

3 Tablespoons apple cider vinegar

2 Tablespoons Worcestershire sauce

Chopped fresh parsley or chives for garnish (not pictured)

Salt & Pepper