

# *Idiot's Kitchen Shopping List – Chicken Puttanesca*

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com)



(Although there are 2 photos, the ingredient shopping list has been combined.)

olive oil

1 tin (8-10 fillets) anchovies

½ teaspoon red pepper flakes

5-6 cloves garlic

1 medium onion

Fresh Parsley for garnish

2 (14 ounce) cans diced tomatoes

½ cup pitted calamata olives

2 Tablespoons capers

1-2 Tablespoons tomato paste

3 chicken breast halves

2 eggs

1 cup shredded parmesan/romano cheese

¾ cup flour

Salt & Pepper