

Idiot's Kitchen Shopping List – Blueberry Balsamic Glazed Chicken

Recipe from www.idiotskitchen.com – Adapted from Driscoll's



2 pounds chicken legs and thighs - I like to have 2 pieces per person

olive oil
butter

1 large shallot
2 cups fresh blueberries
2 Tablespoons fresh rosemary

½ cup balsamic vinegar
1/3 cup real maple syrup (not the fake aunty kind for pancakes, the real stuff)

Salt & Pepper

Good served with saffron rice and asparagus or your favorite green veg. (not shown)