

Idiot's Kitchen Shopping List – Barley with Carrots & Scallions

Recipe from www.idiotskitchen.com – Adapted from Melissa Clark



1 cup pearled barley – found near the dried beans in my store

3-4 medium carrots

2 scallions

2 Tablespoons extra virgin olive oil

½ cup Pecorino Romano cheese (or parmesan), grated

Salt & Pepper