

Idiot's Kitchen Shopping List

– Veggie Burritos with Black Beans & Sweet Potatoes

Recipe from www.idiotskitchen.com – Adapted from Gary Edward Rith, awesome potter



2 large sweet potatoes
1 large onion
1 medium or 2 small zucchini
1 yellow bell pepper

2 cups black beans (or 1 can)

Olive Oil
Cumin
Chili Powder
Salt & Pepper

Large Flour (or wheat) Tortillas
Pepper Jack Cheese, shredded
Sour Cream
Salsa