

Idiot's Kitchen Shopping List

– Chicken Pot Pie with Spring Vegetables (and Crust)

Recipe from www.idiotskitchen.com



Ingredients for the Crust:

- 1 $\frac{1}{4}$ cups flour
- $\frac{1}{2}$ teaspoon salt
- 1 stick (8 Tablespoons) unsalted butter
- 4 -5 Tablespoons ice water

Ingredients for the Filling:

- 4 Tablespoons butter ($\frac{1}{2}$ stick)
- 2 leeks
- 1 fennel bulb
- 2 small zucchini
- 2-3 cloves garlic
- 10 -12 stems of asparagus
- $\frac{1}{2}$ cup fresh parsley
- 2 Tablespoons fresh tarragon
- 1 cup frozen peas
- $\frac{1}{2}$ cup flour
- $\frac{3}{4}$ cup dry white wine
- 1 $\frac{1}{2}$ cups whole milk
- 2 cups low sodium chicken broth
- 4 cups cooked chicken breast, cubed*
- Salt & Pepper