

Idiot's Kitchen Shopping List – Carrot Ginger Soup

Recipe from www.idiotskitchen.com – Adapted from Joy the Baker



2 pounds carrots
1 large onion
1-2 cloves garlic
2-3 Tablespoons fresh ginger - about a 3 inch piece
1 large apple,
1 orange

2 Tablespoons olive oil

2 cups vegetable broth
2 cups water (not pictured)

Pinch nutmeg
Salt & Pepper