

# Idiot's Kitchen Shopping List – Black Bean Confetti Salad

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com)



4 cups black beans – either 1 pound of dried beans or 2 (15 ounce) cans

2-3 ears of corn – or about 1 ½ cups frozen corn kernels

2 red bell peppers

1 shallot or ¼ red onion

2-3 cloves garlic

½ cup cilantro or parsley

2-3 limes for zest and juice

¼ cup olive oil

Dash cayenne pepper

Dash cumin (optional but encouraged)

Salt & Pepper

Avocado, cubed (optional)