

Idiot's Kitchen Shopping List – Mustard Roasted Fish

Recipe from www.idiotskitchen.com – Adapted from Ina Garten



4 (8 ounce) fish fillets such as Red Snapper, Flounder, or Halibut (boneless & skinless)

8 ounces Crème Fraiche – found in the dairy section near the sour cream.
Note: sour cream is **NOT** recommended as a substitute in this recipe.

1 medium Shallot (or red onion as pictured here)

2 Tablespoons Dijon Mustard

2 Tablespoons Whole Grain Mustard

2 teaspoons (or more) Capers – found in the pickle and olive section