

Idiot's Kitchen Shopping List – Ham & Navy Bean Soup

Recipe from www.idiotskitchen.com



- 1 large onion
- 2 stalks celery
- 3 carrots

2 Tablespoons olive oil (not pictured)

1 pound dried navy beans

1 large, meaty ham bone*

8 cups of water (not pictured)

1 (14.5 oz) can of diced tomatoes

2 bay leaves (optional, not pictured)

Pepper

*Meaty ham bones are available for purchase at Honey Baked Ham stores. You don't have to buy a whole ham, just ask for the bone.