

Idiot's Kitchen Shopping List – Banana Oatmeal Muffins

Recipe from www.idiotskitchen.com



3 Cups Flour

1 Tablespoon Baking Powder

1 teaspoon Baking Soda

1 teaspoon Salt

½ Cup Sugar

½ Cup Brown Sugar, lightly packed

1 ½ Cups Old Fashioned Oats (quick cooking oats are also fine but do not use instant)

1 ½ cups Vanilla Yogurt (or if using plain yogurt also add ½ teaspoon vanilla extract)

2 Eggs

1 Stick (½ cup) Butter, melted

1 ½ Cups Mashed Ripe Bananas (about 3 bananas)