

# Idiot's Kitchen Shopping List – Minestrone Soup

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com) – Adapted from Cook's Illustrated Magazine



¼ pound Pancetta – I buy 2, ¼ inch slices from the deli counter  
Olive Oil

1 medium Onion  
2 Carrots  
1 stalk Celery  
4 cloves Garlic  
2 small zucchini  
3 ounces (1/2 bag) Baby Spinach

1 (15 oz) can Cannellini Beans  
1 (28 oz) can Diced Tomatoes  
2 cups Chicken Stock, homemade or low-sodium store bought variety  
6 cups Water (not pictured)  
1 cup V8 juice (not pictured)

1 rind from a wedge of Parmesan or Romano cheese  
dried basil  
dried oregano  
bay leaves  
crushed red pepper flakes (not pictured)

½ cup small pasta such as Ditalini – small tubes, or elbow macaroni

Salt & Pepper

Chopped Fresh Basil for garnish  
Grated Parmesan or Romano cheese for garnish