

# Handy-Dandy Shopping List – Chicken Florentine

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com) – Adapted from Giada De Laurentiis



4 Boneless Skinless Chicken Breasts

Flour for dredging (about ½ cup)

2-3 Tablespoons Butter

1 Tablespoon Olive Oil (not pictured)

1 Large Shallot - \*found near the onions and garlic in the store. Sometimes sold in little mesh bags of 2-3 shallots.

2 Cloves Garlic, chopped

1 ½ cups Dry White Wine

½ cup Heavy Cream

2 (10 ounce) boxes Frozen Chopped Spinach

Salt & Pepper