

Handy-Dandy Shopping List – French Toast

Recipe from www.idiotskitchen.com – Adapted from Cook's Illustrated/America's Test Kitchen



1 loaf Challah Bread - braided loaf of egg based bread found in the fresh bakery section

1 egg

$\frac{3}{4}$ cup milk

2 Tablespoons butter – melted + more for cooking the bread

2 teaspoons real vanilla extract

2 Tablespoons sugar

$\frac{1}{3}$ cup flour

$\frac{1}{4}$ teaspoon salt

1 teaspoon cinnamon

$\frac{1}{2}$ teaspoon nutmeg

REAL Maple Syrup for serving (not pictured but NECESSARY!)