

# Handy-Dandy Shopping List – Italian Wedding Soup

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com) – Adapted from Ina Garten



1 pound Ground White Meat Chicken  
½ pound Italian Sausage – 2 links

2 Slices White Bread = 2/3 cup fresh bread crumbs  
½ cup Grated Pecorino Romano cheese  
1 egg – lightly beaten  
3 Tablespoons Milk

2 Cloves Garlic – finely chopped  
2-3 Tablespoons Fresh Parsley – finely chopped  
1 large Onion – Chopped  
4-5 Carrots – Chopped  
3-4 Ribs Celery – Chopped  
16 ounces (or more) Fresh Spinach – chopped

2-3 Tablespoons Olive Oil

8 Cups Chicken Stock

½ cup Pastina – Tiny pasta such as stars or beads

Salt & Pepper