

Handy-Dandy Shopping List – Apple Meatloaf

Recipe from www.idiotskitchen.com – Adapted from Helen Kenney



2 ½ pounds 80% lean ground beef

1 ½ cups prepared stuffing mix (Pepperidge Farm Herb Stuffing preferred)

2 peeled and finely chopped apples – about 2 cups (Granny Smith Apples)

1 large onion minced

3 eggs – lightly beaten

2 Tablespoons Dijon mustard

3 tablespoons prepared horseradish

¾ cup ketchup

Salt (about 2 teaspoons) & freshly ground pepper to taste

