

# Handy-Dandy Shopping List – Steak Soup

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com) – Adapted from the Plaza III



- 2 pounds lean ground beef
- ½ stick (4 Tablespoons) butter
- ½ cup flour
- 8 cups hot water (not pictured)
- 2 Beef Bouillon Cubes
- 1 ½ teaspoons Kitchen Bouquet Seasoning Sauce\*
- 1 Large Onion – chopped
- 1 cup Carrots – chopped
- 1 cup Celery – chopped
- 2 cups (1 16 ounce package) frozen mixed vegetables
- 28 ounces diced canned tomatoes
- Salt & Pepper

\*Look for Kitchen Bouquet Seasoning Sauce in your grocery store near the BBQ sauces, mustards and marinades. Most stores should carry it so be sure to ask someone if you can't find it.