

# Handy-Dandy Shopping List – Sweet Potato Casserole

Recipe from [www.idiotskitchen.com](http://www.idiotskitchen.com)



Sweet Potatoes (about 2 ¼ pounds or 3 medium potatoes – we need about 3 cups cooked and mashed sweet potatoes)

Milk – 1/3 cup

Butter – 2 Tablespoons melted for the casserole + 2 Tablespoons COLD butter for topping

2 Eggs separated – WHITES only for this recipe

Vanilla – 1 teaspoon

Salt - ½ teaspoon

Brown sugar – 1/3 cup for the potatoes + ½ cup brown sugar for topping

Flour – ¼ cup for topping

Pecans – ½ cup chopped pecans for topping