

Handy-Dandy Shopping List – Pineapple Upside-Down Cake

Recipe from *The Gift of Southern Cooking* by Edna Lewis & Scott Peacock

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2 Sticks of Unsalted Butter – $\frac{3}{4}$ stick for the sugar syrup and 1 stick melted for the cake batter
1 egg
 $\frac{1}{2}$ Cup Whole Milk

1 $\frac{1}{2}$ Cups Dark Brown Sugar
1 $\frac{1}{2}$ Cups Cake Flour *Cake Flour is special flour for baking. Find it in the aisle by the all-purpose flour and sugar or by the cake mixes.
2 teaspoons Baking Powder
 $\frac{1}{4}$ teaspoon Salt
 $\frac{1}{2}$ cup white, granulated sugar (regular white table sugar)

1 teaspoon Real Vanilla Extract

1 – 12 ounce Can Pineapple Rings in their juice

Whipped Cream (optional)