

Handy-Dandy Shopping List – Chicken & Spinach Enchiladas

Recipe from www.idiotskitchen.com – Adapted from The Pioneer Woman



2 chicken breast halves, bone in, skin on (Note: chicken breasts are usually already packaged in halves at the store. Each of these pieces of chicken is ½ half of the breast.)

Chicken Broth (3 cups total) – low sodium
3 (4.5 ounce) cans Diced Green Chilis

1 Large Onion
1 bag of Baby Spinach – roughly chopped
Cilantro (optional)

1 (8 ounce) block of Pepper Jack Cheese
2 Tablespoons Butter
1 Cup (8 ounces) Sour Cream
2 Tablespoons Flour

Corn Tortillas (yellow or white)

Olive Oil (not pictured)
Salt & Pepper (not pictured)