

Idiot's Kitchen Shopping List – Hawaiian Glazed Chicken

Recipe from idiotskitchen.com



3½ - 4 pounds boneless, skinless chicken thighs (about 8-10 pieces)

2-3 teaspoons fresh ginger– about a 2-inch piece

2-3 cloves garlic

1 lime, zested & juiced

6 oz. pineapple juice

½ cup brown sugar

½ cup ketchup

1/3 cup soy sauce or tamari (GF)